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| What | How |
| Problem Solving | Working in Groups of 3   1. #1 – Shares their problem 2. #2 & #3 – Asks clarity questions around the problem 3. #2 & #3 – talk about solutions to the problem and how they would potentially solve it. 4. #1 isnt allowed to talk |
| Listening Activity | In Groups of 3   1. #1 questions #2 on any topic 2. #3 listens and writes notes and summarises to #2 what she heard…..”What I heard was………” 3. #2 can only respond with  * Thanks * Thank you, I’ll think about that * Silent |
| Educators/Trainers Roles | #1 is Presenting  #2 is watching presenters body language and mannerisms.  #3 Watching participant’s engagement / body language  #4 Wrap –Highlight learnings/Edify, Transition into next session |
| Video Review | Have footage of content  Participants to watch and report on footage |
| Role Play | Participants fufil certain roles  Deliver or complete certain skills  Time frame to do so  Critique and Review |
| Mix & Match | Split description up from the Word  Participants have to match the words with meaning |
| Group Discussion | * In small groups, discuss certain topics that are allocated. Appoint a chairman, scribe etc * In pairs discuss, listener has to summarise topic. “So what I’m hearing is”…….. |
| Charades | In mini groups, participants act out  Group needs to guess what it is they’re doing  \*Speed Charades |
| Demonstrate Best Practice | Show participants a demonstration of Best Practice  When done by fellow ‘Participants’ rather then ‘Trainers’ is more empowering |
| Story | Illustrate your points with a story to have participants to connect with message |
| Group Tasks | Allocate tasks to do  Allow prep time and certain amount of delivery time  Critique/Review |
| Practice | Give participants the chance to practice the skill your teaching  Review it |
| Feedback Response | When a person is receiving any feedback all they are allowed to say is:   * Thanks * Thank you, I’ll think about that * Silent |
| Allocating Groups | Chocolate bars bowl - Same chocolate bars sit on same table  Super Hero Cards |